

NIHL OVERTIME PROCEDURE  
MEDAL ROUND GAMES ONLY

At end of regulation time, if teams are tied (MEDAL ROUND GAMES ONLY):

1. Teams take 1 minute break.
2. Teams play 4 x 4 for 3 minutes Running Time (no stop)
3. 1 minute Break
4. Teams play 3 x 3 for 3 minutes Running time (no stop)
5. GO TO SHOOTOUT (see NIHL Tiebreaking procedure)